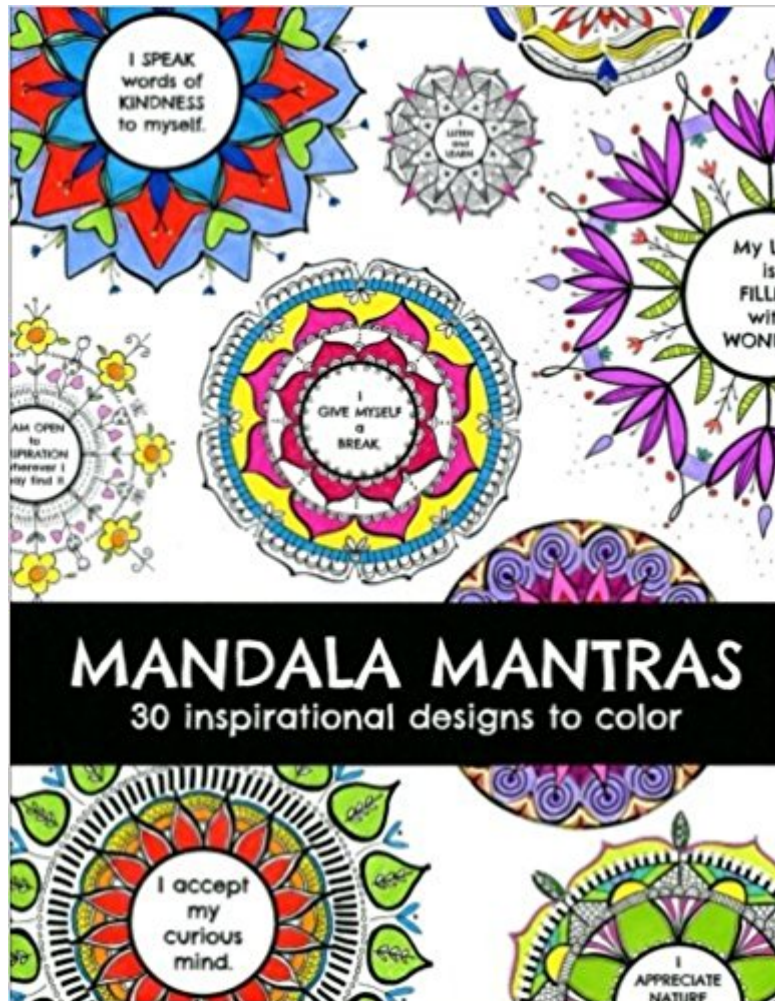




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Mandala Mantras: Coloring Book



Synopsis

Mandala Mantras is a coloring book created and illustrated by artist, Stephanie Ignazio. This inspirational coloring book features 30 mandala mantras to color. Each page contains an inspirational mantra affirmation to repeat as you color for added stress relief! The mantras are easy to say with phrases like "I am powerful", "My energy is off the charts", "I give myself a break". Each whimsical illustration is on its own page with a blank back. The combination of coloring, inspiring affirmation and repetitive mandala design will surely be fun, relaxing and relieve your stress.

Book Information

Paperback: 62 pages

Publisher: CreateSpace Independent Publishing Platform (September 8, 2016)

Language: English

ISBN-10: 1537077015

ISBN-13: 978-1537077017

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 7.7 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #38,858 in Books (See Top 100 in Books) #32 inÂ Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns #46 inÂ Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational #60 inÂ Books > Self-Help > Art Therapy & Relaxation

Customer Reviews

Fabulous coloring book from a beautiful soul. With so many coloring books available now this one stands out as a very special offering. These mandalas come from the heart and carry their very special healing energy to the soul. A wonderful way to relax and and spend time in self-reflection and also wonderful to color together with kids. I'm sure I will be gifting many of these to friends and family.

I put together a care package for my niece who is in her first year of college. I foresee a Mandala Mantra coloring night with the new roomie! Or coloring alone to relieve some stress.

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Mandala Mantras: Coloring book Mandala Coloring Book: Coloring Books for Adults : Stress

Relieving Patterns (Mandala Coloring Books For Adults) (Volume 10) Gods and Goddesses Card Deck: Mantras, Blessings, and Meditations (Mandala Wisdom Decks) The Mandala Coloring Book, Volume II: Relax, Calm Your Mind, and Find Peace with 100 Mandala Coloring Pages Mandala Coloring Book Mega Bundle Vol. 2 & 3: 100 Detailed Mandala Patterns Mandala Coloring Book: 100+ Unique Mandala Designs and Stress Relieving Patterns for Adult Relaxation, Meditation, and Happiness (Magnificent Mandalas) (Volume 1) Mandala Coloring Book Vol 5: 50 Advanced Mandala Patterns Mandala Wisdom: An Adult Coloring Book: 50 Stress Relief Mandala Designs Inspired by Nature, 50 quotes of perennial knowledge from humanity's ... Gift For Friends and Family, For All Holidays Adult Coloring Books: Animal Mandala Designs and Stress Relieving Patterns for Anger Release, Adult Relaxation, and Zen (Mandala Animals) (Volume 2) Adult Coloring Books: Animal Mandala Designs and Stress Relieving Patterns for Anger Release, Adult Relaxation, and Zen (Mandala Animals) (Volume 1) Magical Unicorns and Fairies: Adult Coloring Book: Unicorn Coloring Book, Fairy Coloring Book, Fantasy Coloring Book, Fairies Coloring Book, Adult Coloring Book Back to the 80s: 1980s Fads and Fashion Coloring Book: Adult Coloring Books Fashion, 80s Coloring Book, 1980s Coloring Book, Fashion Coloring Book ... Fashion Coloring Book for Adults) (Volume 1) Giraffe Coloring Book: An Adult Coloring Book of 40 Zentangle Giraffe Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 26) More Mystical Mandalas Coloring Book: by the Illustrator of the Original Mystical Mandala Coloring Book (Dover Design Coloring Books) Houses Coloring Book: An Adult Coloring Book of 40 Architecture and House Designs with Henna, Paisley and Mandala Style Patterns (Architecture Coloring Books) (Volume 1) Creative Haven Magical Mandalas Coloring Book: By the Illustrator of the Mystical Mandala Coloring Book (Adult Coloring) Rat Coloring Book: An Adult Coloring Book of 40 Zentangle Rat Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 22) Wolf Coloring Book: An Adult Coloring Book of 40 Zentangle Wolf Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 23) Rabbit Coloring Book: An Adult Coloring Book of 40 Zentangle Rabbit Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 21) Panda Coloring Book For Adults: Stress Relief Coloring Book For Grown-ups Including 40 Paisly, Henna and Mandala Panda Bear Coloring Pages

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